Kaleidoscope
Therapy Services

Going to Kaleidoscope Therapy

My name is… Sometimes I go to a place called Kaleidoscope Therapy.



YELLOW CLINIC



BLUE CLINIC





Kaleidoscope Therapy is a place where I can learn, play, and get help with things like talking, playing, moving my body, or understanding feelings.



When I go to Kaleidoscope, I might see a Speech Pathologist (to help me with talking and understanding).



When I go to Kaleidoscope, I might see an Occupational Therapist (to help me with my body and hands).



When I go to Kaleidoscope, my therapist might take me to the sensory room. The sensory room has swings, soft mats and lights. It helps my body feel calm and ready to learn.

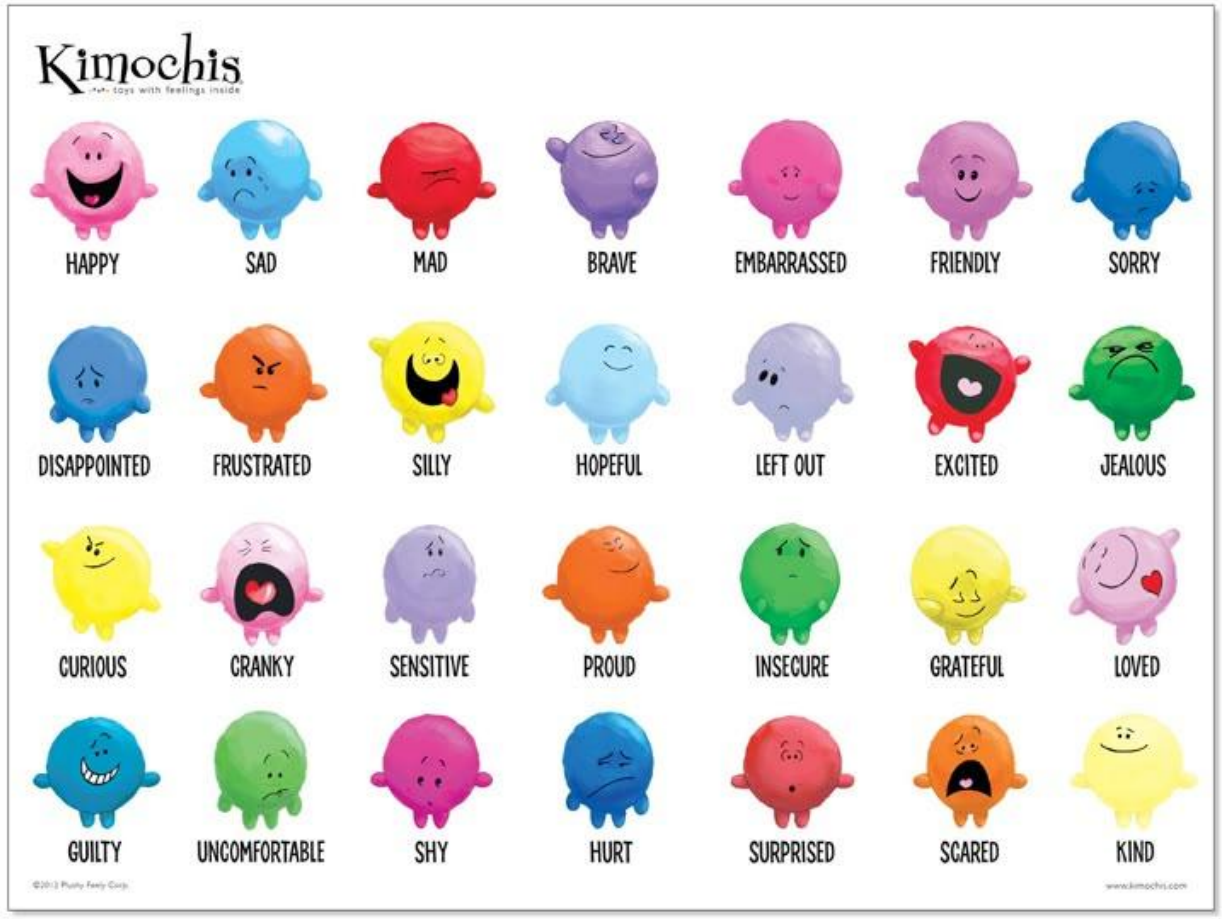


When I go to Kaleidoscope, I might see a Physiotherapist (to help me with moving and balance).

In the physio room, I take off my shoes and put them in the basket.







When I go to Kaleidoscope, I might see a Psychologist (to help me with my thoughts and feelings).



Everyone there is kind and wants to help me.



When I arrive, I will walk through the front door to the waiting room.



I will wait in the waiting area with my parent or carer. I can read a book or play while I wait.

Then I will go into the room with my therapist. We will walk down the hallway to get to the room.





In the room I will do fun activities like playing with toys, reading books, doing puzzles, look at pictures or using an iPad.





Sometimes we talk, move, draw, or play games.
Other times we practice things that help me get better at stuff I find tricky.

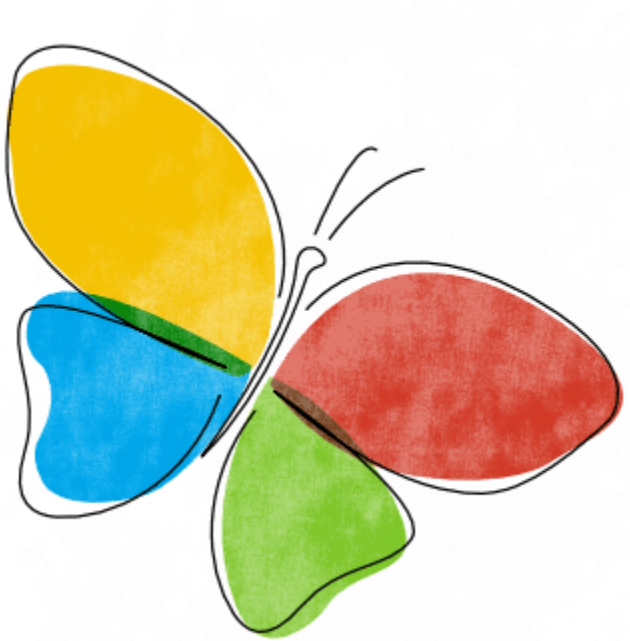


It’s okay to feel shy or nervous. My therapist will help me feel safe and happy.





When I’m finished, I might get a sticker or say “goodbye” until next time.



Going to Kaleidoscope Therapy helps me learn and grow!